

# Eaton Valley PE Policy 2015



**Purpose:** To ensure consistent, high quality Physical Education (PE) Teaching and Learning.

## **Quality PE Teaching and Learning should ensure that children develop:**

- The ability to acquire new knowledge and skills exceptionally well and develop an in-depth understanding of PE.
- The willingness to practise skills in a wide range of different activities and situations, alone, in small groups and in teams and to apply these skills in chosen activities to a high level.
- High levels of physical fitness.
- An understanding of a healthy lifestyle, achieved by eating sensibly, avoiding smoking, drugs and alcohol and exercising regularly.
- The ability to remain physically active for sustained periods of time and an understanding of the importance of this in promoting long-term health and well-being.
- The ability to take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, and motivating and instilling excellent sporting attitudes in others.
- Exceptional levels of originality, imagination and creativity in their techniques, tactics and choreography.
- Knowledge of how to improve their own and others' performance and the ability to work independently for extended periods of time without the need of guidance or support.
- A keen interest in PE. A willingness to participate eagerly in every lesson, highly positive attitudes and the ability to make informed choices about engaging fully in extra-curricular sport.
- The ability to swim at least 25 metres before the end of Year 6 and knowledge of how to remain safe in and around water.

## **Day-to-Day Quality Music Teaching and Learning should include:**

- Progressive lessons to help develop skills in a range of areas in PE.
- Differentiated planning to include all learners.
- Provide challenges with a wide range of resources.
- Provide opportunities for children to work both collaboratively and independently.
- Use the subject of PE to support, use alongside and feed into other areas of the curriculum.
- Open ended tasks and challenges to encourage a variety of responses
- Opportunities for children to display and reflect upon their own work and the work of others.
- Provide the safest possible environment for all participants.
- At least 2 hours of high quality Physical Education experiences each week.
- Promoting an understanding of safe practice and develop a sense of responsibility towards their own and others safety and well-being.
- A supportive environment for enjoyable participation in a wide variety of physical activities through good codes of behaviour.
- Opportunities for talented students to reach their potential
- Accurate and regular assessments of individual attainment, which are used to shape future learning

- Opportunities for the participation of the whole school community in supporting physically active experiences.

Signed

A handwritten signature in cursive script, appearing to read "Andrew Smith". The letters are fluid and connected, with a prominent loop at the end of the word "Smith".

Andrew Smith

Chair of Governors